







Personal Development Coverage



at



Hall Meadow Primary School



Personal Development Coverage at Hall Meadow Primary School



		1 Me and my Relationships	2 Valuing Difference	3 Keeping Safe	4 Rights and Respect	5 Being my Best	6 Growing and Changing
EYFS		What makes me special People close to me Getting help	Similarities and difference Celebrating difference Showing kindness	Keeping my body safe Safe secrets and touches People who help to keep us safe	Looking after things: friends, environment, money	Keeping my body healthy – food, exercise, sleep Growth Mindset	Cycles Life stages Girls and boys – similarities and difference
		N.O. 0.5 Mommy, Mamma & me. Celebrating all types of families	N.O. 0.2 Red Rockets & Rainbow Jelly Friends like different things to me but we can still be friends	N.O. 0.1 - You Choose Making decisions Say what I like. Ask others what they like	N.O. 0.6 Blue Chameleon Everyone is different. We can make friends with all	N.O. 0.3 Hello Hello People in my class are not all the same. Friends like different things to me but we can still be friends	N.O. 0.4 The Family Book I know who is in my family Families are all different.
	SMSC	Spiritual – Explore beliefs and experience; respect faiths, feelings and values; enjoy learning about oneself, others and the surround world; use of creativity; reflect through RE, Visitors from different Faiths, Remembrance, developing a sense of belonging,					
		Moral Recognise right and wrong, respect the law, understand consequences, investigate moral and ethical issues, offer reasoned views and have an appreciation of British values through PSHE, Assemblies, No Outsiders, class dojos, positive praise, national events, celebration assemblies, positive expectation policy.					
		Social – Investigate issues, appreciate diverse viewpoints, participate, volunteer and cooperate; resolve conflict; engage with the fundamental values of British Democracy through all aspects of learning, school visits, playtimes, building resilience through challenges, community efforts					
		Cultural – Appreciate cultural influences; appreciate the role of Britains parliamentary system; participate in cultural opportunities; understand, accept, respect and celebrate diversity through RE, MFL, music, awareness days, celebrating diversity such as through faith/cultural days eg: Eid, Diwali, Christmas, No Outsiders, visits					
	British Values	Democracy - voting for school council, understanding rules, pupil voice,					
	Respect – assemblies, RE, PSHE, PE, awareness days						
	Rule of Law – following school rules and routine, PCSO visits						
	Tolerance - assemblies, RE, PSHE, PE, awareness days						
	Individual Liberty - assemblies, RE, PSHE, PE, awareness days, extra curricular activities. Pupil voice						
Behaviour	Explicit teaching of the full behaviour curriculum content School Values Zones of Regulation	Ongoing revision of content	Longer recap of the behaviour curriculum	Ongoing revision of content	Longer recap of the behaviour curriculum	Ongoing revision of content.	



	Class Trips /Experiences	Theatre visit	Theatre visit to school	Life Space – SCARF				
Year 1		1 Me and my Relationships	2 Valuing Difference	3 Keeping Safe	4 Rights and Respect	5 Being my Best	6 Growing and Changing	
		Feelings Getting help Classroom rules Special people Being a good friend	Recognising, valuing and celebrating difference Developing respect and accepting others Bullying and getting help	How our feelings can keep us safe – including online safety Safe and unsafe touches Medicine Safety Sleep	Taking care of things: Myself My money My environment	Growth Mindset Healthy eating Hygiene and health Cooperation	Getting help Becoming independent My body parts Taking care of self and others	
		N.O. 1.2 Going to the Volcano We are all different. We can all play together. I can join games.	N.O. 1.1 Elmer We are all different. We can all be welcoming in our class	NO 1.5 My World, Your World I live in the world. The world is full of different people.	N.O. 1.6 Errol's garden I can ask for help. I know how to ask for help. I can work with different people.	N.O.1.3 Want to play trucks We all like different things. We can play together. Noone is left out.	N.O. 1.4 Hair, it's a family affair We are all different. I am different. I know how I am different. I like the way I am.	
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	Class Trips /Experiences		Theatre visit to school	Life Space – SCARF			Irchester Country Park	
Year 2		1 Me and my Relationships	2 Valuing Difference	3 Keeping Safe	4 Rights and Respect	5 Being my Best	6 Growing and Changing	
		Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation	Being kind and helping others Celebrating difference People who help us Listening Skills	Safe and unsafe secrets Appropriate touch Medicine safety	Cooperation Self-regulation Online safety Looking after money – saving and spending	Growth Mindset Looking after my body Hygiene and health Exercise and sleep	Life cycles Dealing with loss Being supportive Growing and changing Privacy	
		N.O. 2.2 How to be a lion We are all different. It can be hard to be different. I know what self confidence means. I know how to help someone feel confident.	N.O. 2.1 Can I join your club We are all different. I can say how we are all different. I have friends who are different to me. I don't leave people out.	N.O.2.5 What the Jackdaw Saw I know there are different ways to communicate. I can learn to use sign language.	N.O. 2.6 All are welcome I know who I am. I know there are special things about me. I know I am different. I know I belong.	N.O. 2.4 Amazing I know what a friend is. I know how to be a good friend.	N.O. 2.3 The great big book of families I know what diversity is. I know how my school is diverse. I understand what diversity means.	
	SMSC	Spiritual – Explore beliefs and experience; respect faiths, feelings and values; enjoy learning about oneself, others and the surround world; use of creativity; reflect through RE, Visitors from different Faiths, Remembrance, developing a sense of belonging,						
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		Zones of Regulation					
	Class Trips /Experiences		Theatre visit to school	Life Space – SCARF			
		1 Me and my Relationships	2 Valuing Difference	3 Keeping Safe	4 Rights and Respect	5 Being my Best	6 Growing and Changing
		Rules and their purpose Cooperation Friendship (including respectful relationships) Coping with loss	Recognising and respecting diversity Being respectful and tolerant My community	Managing risk Decision-making skills Drugs and their risks Staying safe online	Skills we need to develop as we grow up Helping and being helped Looking after the environment Managing money	Keeping myself healthy and well Celebrating and developing my skills Developing empathy	Relationships Changing bodies and puberty Keeping safe Safe and unsafe secrets
		N.O. 3.3 Begu Know that behaviour can make someone feel like an outsider. Know how to make someone feel welcome.	N.O. 3.1 This is our house Know how someone can feel like an outsider. How to make sure there are no outsiders in our school.	N.O. 3.2 We're all wonders Know we are all different and unique. How people can feel hurt. Know what a bystander is. Know what to do if I see someone being unkind.	N.O.3.5 The Hueys in the New Jumper Know why it is hard to be different. Know how to help someone be emotionally strong.	N.O.3.6 Planet Omar Know what Britain is. Know where I live. Know lots of different people live in Britain today. Know why some people are scared of difference	N.O. 3.4 The Truth about Old People Know what a stereotype is. Know how stereotypes affect people. Know everyone is different.
Year 3	SMSC	Spiritual – Explore beliefs and experience; respect faiths, feelings and values; enjoy learning about oneself, others and the surround world; use of creativity; reflect through RE, Visitors from different Faiths, Remembrance, developing a sense of belonging,					
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	Class Trips /Experiences		Theatre visit to school	Life Space – SCARF			

Year 4		1 Me and my Relationships	2 Valuing Difference	3 Keeping Safe	4 Rights and Respect	5 Being my Best	6 Growing and Changing	
		Healthy relationships Listening to feelings Bullying Assertive skills	Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes	Managing risk Understanding the norms of drug use (cigarette and alcohol use) Influences Online safety	Making a difference (different ways of helping others or the environment) Media influence Decisions about spending money	Having choices and making decisions about my health Taking care of my environment My skills and interests	Body changes during puberty Managing difficult feelings Relationships including marriage	
		N.O. 4.2 Dogs Don't Do Ballet Know we are different. Describe ways in which we are different. Why people are afraid. Help people accept difference.	N.O. 4.1 Along came Different Know we are different. Know why some people are afraid. Can help people to accept difference.	N.O. 4. Alfred & Albert Know there are more things we have in common	N.O. 4.3 Red: A Crayon's Story Know why people don't speak up. Know everyone in my school should be proud of who they are.	N.O. 4.5 When Sadness comes to call Know what mental health is. Know what situations can affect my mental health. Know strategies to look after my mental health.	N.O.4.6 Julian is a Mermaid Know there are different ways to dress. Know why people can chose what they wear. Know different people in my community wear different things. I am accepting of difference.	
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Class Trips /Experiences		Theatre visit to school	Life Space – SCARF Cybersafe Museum trip – Cambridge University Museum	Residential - Derbyshire		RSE – Life Education		
Y	1 Me and my Relationships	2 Valuing Difference	3 Keeping Safe	4 Rights and Respect	5 Being my Best	6 Growing and Changing		

		Feelings Friendship skills, including compromise Assertive skills Cooperation Recognising emotional needs	Recognising and celebrating difference, including religions and cultural influence and pressure of social media	Managing risk, including online safety Norms around use of legal drugs (tobacco, alcohol) Decision-making skills	Rights, respect and duties relating to my health Making a difference Decisions about lending, borrowing and spending	Growing independence and taking ownership Keeping myself healthy Media awareness and safety My community	Managing difficult feelings Managing change How my feelings help keeping safe Getting help
		N.O. 5.5 The Girls Know what friends are. Know how important friendships are. Know friendships can go wrong. Value those around you.	N.O. 5.3 Mixed Understand what racism is. Recognise Racist behaviour. Know what to do if I hear or see someone being racist.	N.O.5.1Kenny Lives with Erica and Martina Know what a consequence is. Know that all actions have consequences Know that I have a choice in behaviour and behaviour I choose not to join in.	N.O.5.2 Rose Blanche Know how to make difficult decisions. Justify my actions.	N.O. 5.6 And Tango makes 3 Know there are different equalities around the world. Exchange dialogue and express an opinion.	N.O. 5.4 How to heal a broken wing Know people have different life experiences. Empathise with others.
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	<p>Assertiveness Cooperation Safe/unsafe touches Positive relationships</p>	<p>Recognising and celebrating difference Recognising and reflecting on prejudice-based bullying Understanding Bystander behaviour Gender stereotyping</p>	<p>Understanding emotional needs Staying safe online Drugs: norms and risks (including the law)</p>	<p>Understanding media bias, including social media Caring: communities and the environment Earning and saving money Understanding democracy</p>	<p>Aspirations and goal setting Managing risk Looking after my mental health</p>	<p>Coping with changes Keeping safe Body Image Sex education Self-esteem</p>
	<p>N.O. 6. 1 King of The Sky Know what immigration means. Know what empathy means. Empathise with a person in a different situation to me.</p>	<p>N.O. 6.4 The Island Know what prejudice is. Know what can happen if racism is not challenged. Know how to challenge racist behaviour.</p>	<p>N.O. 6.2 The Only Way is Badger Know what freedom of speech means. Know how language can be used to persuade people. Know how important pupil voice.</p>	<p>N.O. 6.6 A Day in the life of Marlon Bundo Know what a democracy is. Know that we live in a democracy. Know how laws are made. Know how laws can change.</p>	<p>N.O. 6.3. Leaf Accept and work with people who are different to me. Explore difference without fear. Look for solutions in challenging situations.</p>	<p>N.O. 6.5 Introducing Teddy Know what acceptance is. Accept people for who they are without judgement.</p>
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<p>Class Trips /Experiences</p>	<p>Residential to Wales</p>	<p>Theatre visit to school</p>	<p>Life Space – SCARF Cybersafe</p>			<p>RSE – Life Education</p>